

# ...in the between, Meditations and Illuminations on *The Tibetan Book of the Dead*

Saturday, 5 July 2008

10 pm and 12 midnight

Music Workshop, Sydney Conservatorium of Music

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Featuring Tri kaya:

Michael Askill, bowls and gongs

Riley Lee, shakuhachi and drum

Tenzin Choegyal, vocals and gyaling

James Coates, spoken word

“...in the between” brings together four of Australia’s finest multi-cultural collaborators in a highly original interpretation of *The Tibetan Book of the Dead*. Using selected text readings combined with musical meditations and sound illuminations this theatrical and musical experience provides an insight into how we can prepare for the mind’s release from the body and the experiences of ‘the between’.

The ‘Bardo Thotrol’ (The Great Liberation through Hearing in the Between) texts were composed by Padmasambhava in the 14th century, buried in central Tibet and later discovered by Karma - Lingpa.

“Although this book is ostensibly written for the dead, it is in fact about life”  
Francesca Fremantle (author of *Luminous Emptiness* and co-translator with Chogyam Trungpa of *The Tibetan Book of the Dead*)

Tri kaya acknowledges and thanks Francesca Fremantle for her support and advice.